



Tropical Yoga Retreat with Jo Tastula & Genevieve Fischer

April 25 - May 2, 2010

Join vinyasa flow teachers Jo Tastula and Genevieve Fischer on an amazing yoga getaway to tropical Costa Rica, from Sunday April 25 to Sunday May 2, 2010. The resort is located beach front in Santa Teresa, Mal Pais, a small west coast fishing/surfing village on the Nicoya Peninsula. Enjoy a full week of daily yoga and meditation, healthy meals, spa treatments, and activities, including surfing (lessons and board rentals are available), snorkeling, zip-line, hiking, lounging on the beach, and more. Yoga experience is recommended, but all levels are welcome!

Retreat Pricing

Pricing includes accommodations, 3 meals per day, daily yoga classes, roundtrip airfare from San Jose to Tambor, and roundtrip shuttle fare from Tambor to Mal Pais. Pricing does NOT include roundtrip airfare to San Jose, spa treatments, or activities.

Beach House:

Single \$2030

Double \$1465

Garden Bungalow:

Single \$1820

Double \$1360

Triple \$1310

Standard Room:

Single \$1595

Double \$1250

Triple \$1235

Please contact Global Soul Adventures for further information:

info@globalsouladventures.com

518-632-4741